

GOLMURI WHEEL

WEEKLY BULLETIN

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Minutes of the meeting held on 27th Sep' 23 at Golmuri Club

1. The meeting was called to order by President Rtn. Prema Gogna.
2. The President extended a warm welcome to distinguished guests, including PDG Rtn. Pratim Banerjee, PDG Rtn. Dr. R Bharat, AG Rtn. Anjani Nidhi, PAG Rtn. Sangita Jha, members from Rotary Clubs of Jamshedpur and Jamshedpur West. The gathering also included fellow Rotarians, Rotary spouses, Rty. Lets, and other guests.
3. The minutes of the previous meeting held on 20th Sept'23 were passed.
4. Birthday wishes were conveyed to Rty. Lets Gita Khan (1st Oct) and Vivek Tulsyan (2nd Oct).
5. Rtns. Tamali Chakraborty and Sushma Pandey welcomed PDGs Rtns. Pratim Banerjee, Dr. R Bharat, AG Rtn. Anjani Nidhi, PAG Rtn. Sangita Jha, as well as Rtns. R Duvet, Vijaya Bharat, Pyramid Dubey by presenting rose buds to them.
6. Special Announcement:
 - On September 25, 2023, at 11:00 AM, in the office of DTO, President Rtn. Prema Gogna, PP Rtns. Dr. Anup Gupta, V K Kohli, and Madan Behari distributed nutritional food packets to five T.B. patients.
 - Secretary Rtn. Vina Mitra announced that the next meeting will be held on October 4, 2023, at 7:30 PM at Rotary Corner. Members from the Rotary Club of Jamshedpur West will share insights on the Ghoramara project in the Sundarbans.
 - AG Rtn. Anjani Nidhi announced that all Rotary Clubs of Jamshedpur and Chaibasa would organize a preliminary survey camp on September 29th from 10:00 AM to 5:00 PM at Karim City College, Sakchi, to shortlist pediatric patients (children from 6 months to 18 years of age) for heart surgeries based on their prescriptions. The shortlisted patients will then be referred to a screening camp at Raj Hospital, Ranchi which will be held on 3-4 October 2023, where they will be examined by a team of doctors from Amrita Hospital, Kochi (Kerala). Finally, the identified children will be operated free of cost in Kochi.
7. The evening observed COGITARE Inter School Quiz competition, skillfully conducted by Rtn. Maneesh Jain as the Quiz Master. The event saw enthusiastic participation from the following schools and students: Loyola School (represented by Ishaan Vats and Aryan Mishra), Sacred Heart Convent (represented by Harnoor Sandhu and Adwika Mishra), DBMS (represented by Mridul Agarwal and Rishit), and Gulmohur High School (represented by Amit Kumar Pandit and Vedant Kumar). Technical support was expertly provided by Rty. Lets Nikita Jain and Rishi Pandey.

Minutes of the 27th Sep' 23 Weekly Meeting – Contd.

8. Following a preliminary round, the quiz commenced promptly at 7:30 PM and ran smoothly. DBMS English School secured the first-place position with an impressive 105 points, while Loyola and Sacred Heart Convent Schools secured second and third places, respectively, with 65 and 30 points.

The much-deserved trophies and certificates were presented to the students by esteemed PDGs Rtn. Dr. R Bharat, Rtn. Pratim Banerjee, and AG Rtn. Anjani Nidhi.
9. The trophies for the Quiz were sponsored by President Rtn. Prema Gogna in the names of her beloved grandchildren, Arjun, Jiya and Raayan.
10. PP Rtn. Dr. Anup Gupta delivered a heartfelt vote of thanks to Rtns. Maneesh Jain, Vandana Jain, Tamali Chakraborty, Sushma Pandey, Rty. Lets Rishi Pandey and Nitika Jain for organizing a splendid quiz. He also thanked the participating students and esteemed guests.
11. Rtn. Vikas Singh reported on the Sergeant-at-Arms as follows:
 - Total no of members : 36, Members present : 17,
 - Attendance % : 47%, Rty. Spouses present : 5; Visiting Rtns : 3, Rty. Let present : 2
12. The National Anthem was sung by all.
13. The meeting was adjourned for fellowship and snack packets were distributed to all the participants.



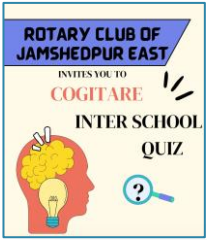
The Week That Was – Glimpses



Nutritional food packets were distributed to Five TB patients at DTO office in Rajendra Nagar, Sakchi on 25th Sep'23, marking the seventh time since its inception on 24th Mar'23 on World TB Day.



The Week That Was – Glimpses



An Inter-school Quiz Competition 'COGITARE' was organized by RCJE on 27th September 2023 which observed participation four schools: Loyola School, Sacred Heart Convent, DBMS, and Gulmohur High School



Presidential Message – October 2023



R. Gordon R. McInally
President 2023-24

The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan (“one who lights up the home”) with the goal of involving more mothers in health education and wellness support — and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support.

Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children’s Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.

Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow — a psychologist or psychiatrist — at Children’s Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states.

There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to mindhealth@rotary.org with any thoughts or ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference.

Right now, there is someone you know in the Rotary world — in your club, from a project you’ve worked on, in a Rotary Fellowship or Rotary Action Group — who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other.

Discovering the human connections that bind us is what we do through our membership every day. It’s what Rotary has always been about, and we can build on it by helping each other find peace at home.

We need to learn how to ask not just “How are you?” but also “How are you really?” By doing so, Rotary can continue to *Create Hope in the World*.

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